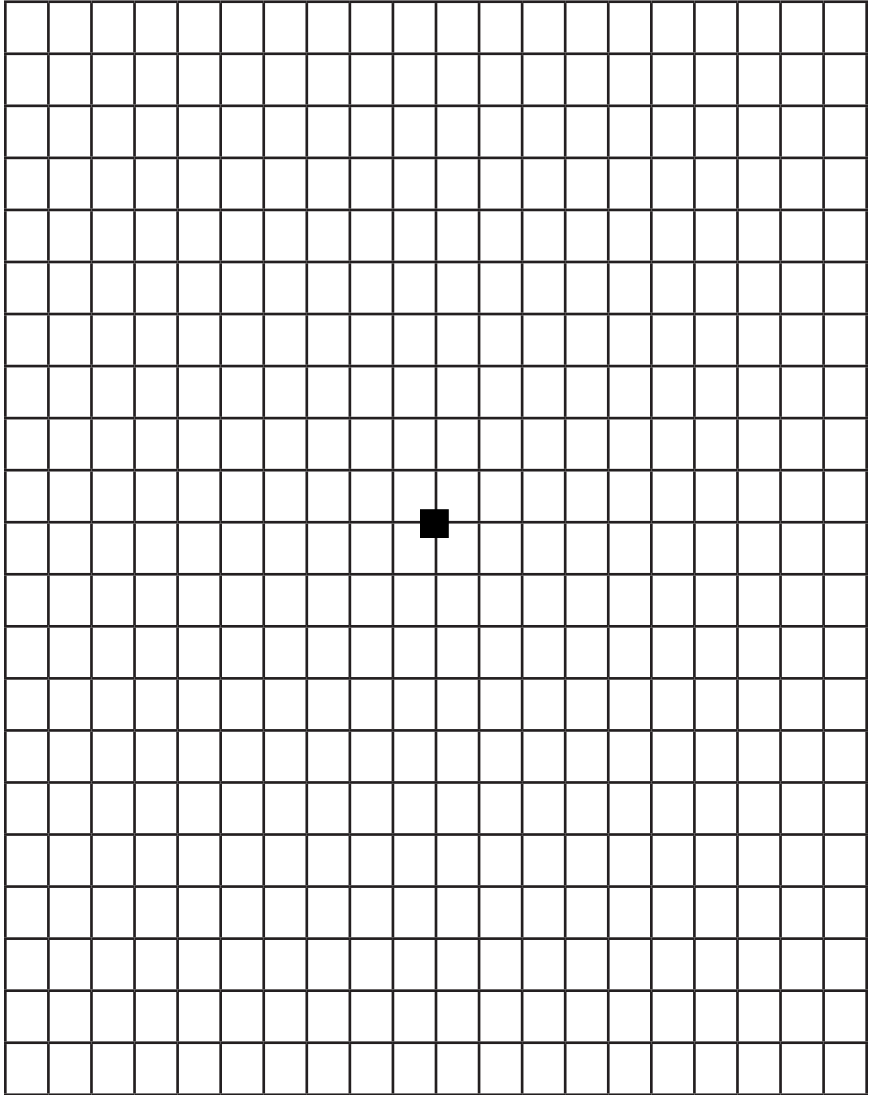


Chesapeake Retina Centers

Diseases and Surgery of Retina and Vitreous



Amsler Grid Instructions

1. Hold the grid securely or place on flat surface.
2. Viewing distance from the eye to the grid should be approximately 12 inches.
3. If glasses are necessary for reading or close work they should be worn during the test.
4. Cover one eye (each eye is tested seperately).
5. Always keep your gaze directed at the center dot. It may or may not be clear, but you should be able to see it.
6. While looking at the center dot, ask yourself these questions:
 - * Can I see all four corners of the large square?
 - * Can I see all the small squares?
 - * Are any of the small squares or lines blurry, wavy, or distorted in anyway?
7. Repeat step #6 for the other eye.
8. If you notice any change in the appearance of the grid from previous testing, notify our office immediately.

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